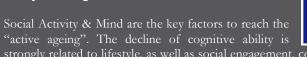
### A Project of the FP7 program, Grant Agreement no. 611650

Decrease of cognitive decline, malnutRition and sedEntariness by elderly empowerment in lifestyle Management and social Inclusion





strongly related to lifestyle, as well as social engagement, cognitive stimulation, nutrition and physical activity. DOREMI is focused to counteract cognitive decline and improve social inclusion with the help of cognitive games and a virtual companion, to be used with PCs, TVs and tablets.

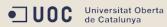
Conference Technical Committee: Oberdan Parodi, Erina Ferro, Stefano Chessa, Horst Kraemer



























Social Engagement Healthy Eating

Active Lifestyle



October 25, 2016

**DOREMI ORCHESTRATES** HEALTHY AGEING IN EUROPE

## BRUXELLES

Regione Toscana - Ufficio di Collegamento con l'Unione Europea Direzione Generale Presidenza Rond Point Schuman 14 B - 1040 Bruxelles



Web site: http://www.doremi-fp7.eu/

# **PROGRAM**

### (morning)

9.00-9.20 Project overview: the integrated approach of DOREMI to counteract frailty in EU elderly

Oberdan Parodi (CNR-IFC, Pisa, Italy)

#### SESSION 1: 9.20-11.15

Empowering EU citizen on healthy lifestyles: The DOREMI environment Chairperson: Erina Ferro (CNR-ISTI)

9.20-9.40	The Sensing System to profile and monitoring habits of older people; Eduardo Monton (Mysphera, Valencia, Spain)
9.40-10.00	Providing awareness and understanding of healthy eating: the DOREMI Diet Application; Patrizia Riso (DEFENS, UniMI, Milano, Italy)
10.00-10.20	Personalized Physical Activity Protocol and monitoring vital signs: the DOREMI Exergame; Federico Vozzi (CNR-IFC, Pisa, Italy)
10.20-10.40	Stimulating cognitive functions by ICT user centered design: the DOREMI cognitive game; <i>Antonio Ascolese (Imaginary, Milan, Italy)</i>
10.40-10.50	The user experience; Jack Piggott (Shenley Wood Village, Milton Keynes, United Kingdom)
10.50-11.15 11.15-11:30	Discussion Coffee break

#### SESSION 2: 11.30-13.00

DOREMI data collection, analysis and results Chairperson: Stefano Chessa (University of Pisa)

11.30-11.45	Presentation of the clinical trial
	Shirley Hall (Extracare, Coventy, UK)
11.45-12.00	User Interaction with specialist: the DOREMI dashboard
	Karl Kreimer (AIT, Vienna, Austria)
12.00-12.20	Cognitive function and socialization before and after the trial
	Mark Scase (DMU, Leicester, UK)
40.00.40.40	
12.20-12.40	Engagement on healthy diet and physical activity and the
	integrated effects on functional parameters
	Daniele Musian (SI4Life, Genoa, Italy)
12.40-13.00	Discussion
13.00-14.00	<u>Lunch</u>

# **PROGRAM**

(afternoon)

#### SESSION 3: 14.00-15.00

Synergies among EU Projects on frailty and unhealthy dietary habits in older people

Chairperson: Horst Krämer (EC, DG Connect)

- 14.00-14.20 PERSSILAA project: an ICT supported model to prevent frailty in the community; *Maddalena Illario (Univ. of Naples, Naples, Italy*)
- 14.20-14.40 The one year NU-AGE nutritional trial: compliance and changes in dietary intake among older people in five EU countries; Aurelia Santoro (Univ. Bologna, Bologna, Italy)
- 14.40-15.00 Joint Programming Initiative among the three projects

  Open discussion

15.00-15.15 Coffee break

#### SESSION 4: 15.15-16.30

Economic opportunities created by digital technology in EU older people

Chairperson: Francisco Lupianez (Universitat Oberta de Catalunya)

- 15.15-15.35 Strategies to mobilize stakeholders in digital technologies for Active and Healthy Ageing
- Horst Krämer (European Commission, Bruxelles, Belgium)
  15.35-15.55 Exploitation of DOREMI results: can the developed solutions be applied in practice? Oberdan Parodi (CNR-IFC, Pisa, Italy)
- 15.55-16.05 **Discussion**
- 16.05-16.30 Closing remarks DOREMI Scientific and Technical Managers

